

Invitation to newly registered patients

Dear Sir/Madam

The doctors and nurses wish to take this opportunity to welcome you to the practice. We offer all new patients a health check with the practice nurse. The nurse will go through a general health questionnaire with you, check your blood pressure and test your urine, amongst other things. It would be helpful if you could complete this form and bring it with you when you come for your health check.

Yours sincerely
Heath Lane Surgery

Date of health check			
Name of Doctor			
Name			
Address		Postcode	
Tel Number		Age	Sex
Ethnicity		Language	

Circle the correct answers below

- Is there a family history in parents or brothers/sisters of heart disease or stroke in men under 55yrs or woman under 65 yrs? YES / NO
- Has a doctor ever diagnosed YOU as having angina or heart disease? YES / NO
- Has a doctor ever diagnosed you as having diabetes? (including during pregnancy) YES / NO
- Has a doctor ever diagnosed you as having high blood pressure? (including during pregnancy) YES / NO
- Is there a history of diabetes in your family? YES / NO
- Is there a history or Impaired Glucose Tolerance/ Impaired Fasting Glycaemia? YES / NO
- Do you smoke? YES / NO. If YES - How many? Cigarettes/Cigars..... ozs tobacco..... other
If you have smoked in the past please fill in the following: Smoked per day for..... Years and stopped.....
- Alcohol consumption.....units per week (1 unit = ½ pt beer/lager=1 glass wine= 2 short= 1 bottle of wine = 9)
- Do you follow any special diet YES / NO
- Do you take regular exercise? Grade yourself:
A) exercise impossible B) avoid exercise C) moderate exercise (this means 20min session x 3 times per week)
D) heavy exercise E) competitive athlete.....
- How often do you exercise?.....
- Do you have any allergies?
- When did you last have a smear test?
- Please list any regular medication that you take and if possible bring in a repeat prescription form from your previous doctor.
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Please bring a sample of urine to your appointment.

We look forward to meeting you.