

Travel Appointment Information

Thank you for booking your travel appointment to see the practice nurse which is on.....

The travel advice you receive is based on the information and itinerary that you provide us with at this consultation. If any unscheduled trips occur during your travels we strongly recommend that you seek further travel advice as additional vaccines or malaria tablets may be needed. The surgery cannot accept responsibility for your health abroad unless the correct information is provided by yourself. It is important to realise that advice on travel health is specific and may vary for different areas within the same country. This is especially true for Malaria. If you change plans you must seek further advice locally if you have left the UK.

Many people choose to travel these days to all sorts of exotic places. Trips to far away destinations are increasingly popular and the cost plus faster transport, makes it feasible for many who were previously excluded from such activities. The number of different adventurous type trips are also on the increase. This is all good news, however, with such diversity, the risk of travel to your health is increased and this makes the appointment with the nurse more complex. For example, we need to know about your travel itinerary and any significant aspects of you health in the past. These are typical questions we will be asking:

- When are you departing and for how long?
- Where are you going including the destinations within a country?
- Are you planning on undertaking any high risk activities?
- Have you taken out travel insurance and have you informed the company if you have any medical condition?
- If female and of child bearing age, is there any possibility you could be pregnant if we need to give you any injections?
- Do you have any medical conditions - these can interfere for example with the type of malaria tablets that can be chosen if you were travelling to a country that has malaria?

We need to perform a risk assessment before deciding which vaccines are recommended and the advice that will best address your needs. For this reason the appointment could take 20 minutes or even a little longer. Within this surgery we plan to give you the necessary injections within the appointment time to save you having to come back. These are good these days so if you do feel nervous, please try not to worry - people are always surprised at how easy the injections are and unlike experiences remembered from the past!

It would help us greatly if you had some awareness of the travel health problems that you may be of risk from on your trip before you come for your appointment. If you have use of the internet please go to www.fitfortravel.nhs.uk and print off the pages of your destination to read. We look forward to seeing you and helping you to travel safely.

Please complete the form on page 2 >

Travel Appointment Information

Please complete this form prior to your travel appointment and return to reception.

Personal Details

Name	
Date of Birth	
Male or Female?	
Easiest contact telephone number:	
E-Mail Address:	
Dates of Trip:	
Date of Departure:	
Return date or overall length of trip:	
Itinerary and purpose of visit:	

Details of Trip

Countries to be visited	Length of Stay	Away from medical help at destination, if so, how remote?
1		
2		
3		

Please tick as appropriate below to best describe your trip

1. Type of Trip	Business	Pleasure	Other
2. Holiday Type	Package	Self Organised	Backpacking
3. Accommodation	Camping	Cruise Ship	Trekking
4. Travelling	Hotel	Relatives/Family Home	Other
5. Staying in area which is...	Alone	With family/friend	In a group
6. Planned activities	Urban	Rural	Altitude
	Safari	Adventure	Other

For discussion when risk assessment is performed within your appointment:

I have no reason to think that I might be pregnant. I have received information on the risks and benefits of the vaccines recommended and have had the opportunity to ask questions. I consent to the vaccines being given.

I understand that all advice is based upon the information provided by me regarding destinations to be visited and duration of stay.

Signature

	Date:
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Heath Lane Surgery, Heath Lane, Earl Shilton, Leicester LE9 7PB
 Phone: 01455 844431 Fax: 01455 442297